



LAUREN CALHOUN

Director of Operations and Master Virtual Producer

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EDUCATION • B.S. in Business Administration from Bloomsburg University

PROFESSIONAL COMPETENCIES & EXPERIENCE

After pursuing her dream of owning and operating a dog boarding facility for several years, Lauren sold her successful kennel business in 2019 to relocate to North Carolina in search of warmer weather and new opportunities. In 2020, she joined APLS Group to support the leadership team as the Administration Coordinator.

Later that year, Lauren played a key role in helping APLS Group transition to a virtual training environment by earning her Master Virtual Producer certification through InSync Training. Her agility, technical fluency, and empathy made her a natural at managing virtual platforms, supporting facilitators, and ensuring smooth, engaging sessions for participants.

Over time, Lauren leveraged her operational expertise to streamline day-to-day processes, improve internal efficiencies, and strengthen team coordination. Her contributions helped shape the organization's growth and led to her becoming a member of the leadership team.

In 2023, Lauren earned her Instructional Design Certificate through ATD, deepening her ability to support the development and refinement of APLS Group's workshops and programs. She continued to expand her expertise in 2024 by completing ATD's Creating Leadership Development Programs Certificate, further enhancing her ability to design learning experiences that are both impactful and aligned with client needs.

Lauren thrives on solving problems and fostering connection, whether with colleagues, clients, or participants. Her passion for helping others grow into the best version of themselves is deeply aligned with the mission and impact of APLS Group.

HER CERTIFICATIONS INCLUDE



- Master Virtual Producer
- Instructional Designer
- Creating Leadership Development Programs Certification



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